How to Order

call 941-780-2477 or stop in

lead time order at least 48 hours ahead

minimum $100

delivery free within 3 miles

businesses invoicing available upon request

changes 24 hours notice

allergies some items contain nuts. tell us about any allergies when you order.

tax prices do not include sales tax

custom labels we create unique labels and juice blends. call to discuss.

Break Room Drop

a wellness perk your team will actually use, delivered to your office once or twice a month.

the refresh drop $300
10 cold-pressed juices · 20 raw energy bites · 10 energy apples

the morning fuel drop $320
10 overnight oats · 10 raspberry chia puddings · 10 energy apples

the ultimate wellness drop $500
15 cold-pressed juices · 10 overnight oats · 10 raspberry chia puddings · 5 raw energy bites · 5 energy apples

To build your own combo, please give us a call

"your body is complex. its needs are simple. nature has provided pure fuel to help you thrive."

Lunch Packages

priced by group size

thrivery duo — $16 per person
½ wrap + side salad

10 guests $160
15 guests $240
20 guests $320

thrivery trio — $20 per person
½ wrap + side salad + raw energy bite

10 guests $200
15 guests $300
20 guests $400

thrivery quad — $32 per person
½ wrap + side salad + energy bite + juice

10 guests $320
15 guests $480
20 guests $640

Wrap Choices

wheat wraps · gluten friendly wrap available

chicken salad wrap
chicken salad, kale, dried cherries & basil leaves

veggie wrap
kale, cabbage, carrot, romaine, hummus, mixed grains, avocado, cucumber & pickled red onion, with pesto dressing for dipping

mediterranean wrap
chicken, hummus, dill lemon cream cheese, pickled red onion, kumato tomato & cucumber

hot chicken grains & spinach wrap
chicken, grains (barley, wheat berries, wild rice, quinoa), hummus, dill lemon cream cheese, pickled red onion, kumato tomato, cucumber & spinach

Platters

whole wrap platter ..... $15 per wrap
10 wraps $150 · 15 wraps $225 · 20 wraps $300

half wrap platter ..... $7.50 per half
20 halves $150 · 30 halves $225 · 40 halves $300

pinwheel platter ..... $3.50 each
40 pinwheels $140 · 60 $210 · 80 $280

large salad
serves 10 $95 · serves 15 $140 · serves 20 $185
mixed greens or kale + 4 toppings.
extra toppings $5 / $7.50 / $10 each, by size

build your salad
side salads: mixed greens + 3 toppings
cucumber · black olives · pepitas · red onion · pickled red onion · roasted beets · carrot · mixed grains · slivered almonds · dried cherries · goat cheese · hard boiled egg · roasted sweet potato ·
add chicken for an extra charge

chicken grain bowl ..... $16 per person
kale, chicken, 5 grains, sweet potatoes, hummus, cashews, dried cherries & pumpkin seeds, with basil garlic dressing

Add-Ons

minimum 10

cold-pressed juice $14
pressed in-house daily, bottled in glass. choose from:
serious green spinach, celery, kale, romaine, cucumber, lemon, parsley
serious root beet, carrot, ginger, kale, spinach, lemon
sweet green spinach, kale, carrot, apple, orange, lemon
sweet root carrot, apple, ginger, lemon
serious celery ($12) pure celery juice
seasonal juice ask about our current rotating blend

catering smoothie $14
spinach mango, morning coffee, health nut or all green

raw energy bite $5
peanut butter, rolled oat, cacao powder, coconut, flax seed, chia seed, raw honey, vanilla, maple syrup, chocolate chip

Breakfast

for office breakfasts, morning meetings & wellness events.

hot breakfast wrap $14
wheat wrap, spinach, hard boiled egg, kumato tomato, capers, fresh dill & cream cheese, with a side of cholula. whole or halved

avocado toast $14
Mama G's multigrain bread, avocado, kumato tomato, basil, balsamic glaze, sea salt, pepper

smoked salmon toast $16
Mama G's multigrain bread, cream cheese, pickled red onions, fresh dill, capers, smoked pastrami salmon

raw overnight oats $14
raw cashew, steel cut oat, rolled oat, coconut milk, medjool date, vanilla

raspberry chia pudding $14
raspberry, chia seed, vanilla, maple syrup, coconut

superfood bar ..... $15 per person
overnight oats or raspberry chia pudding base + 5 toppings: granola, banana, blueberries, strawberries, chia seed, hemp hearts, flax seed, coconut flakes, honey, peanut butter, almond butter or Nutella

energy apple $7
raw energy bite between two slices of granny smith apple, topped with Saigon cinnamon

lattes · add to any order

protein cold brew latte $14
25g of protein! house-made cold brew, oat milk, Garden of Life chocolate plant-based protein, cinnamon

matcha latte $12
matcha green tea, MCT oil, oat milk, honey

adaptogen latte $14
cold brew, wild foraged chaga, cacao, vanilla, cinnamon, monk fruit, coconut milk

* GLUTEN FRIENDLY OPTION AVAILABLE – sweet potato slice for toast and gluten friendly wraps

Our Roots

the thrivery began in a doctor's office. after a cancer diagnosis, founder andy mignery discovered the power nature provides when food is prepared with purpose. each ingredient, purposeful.

a personal healing project became a family passion, and then a business. we exist to do more than be a juicery: to educate, inspire and help others tap into their best selves. all with no compromise.

Our Mission

to help the ill overcome
to help the well feel even better
to help everyone discover their true potential

that's not simply pure juice and food. that's a pure purpose.

Our Juice Promise

cold-pressed only
pressed in-house, never pasteurized, no heat, no HPP, no preservatives

100% raw produce
local produce, pressed in-house, daily

never diluted
no water or refined sweeteners added. only what's listed.

bottled in glass
better for you and better for the planet

the thrivery

cold-pressed juice
+ clean eats

the power of pure™

feed your body at a cellular level. we create extraordinary juices and food that heal, empower, and help people thrive.

catering menu

6562 University Parkway
Lakewood Ranch, FL 34240

941-780-2477

www.thethrivery.com

@thethrivery

call or stop in to place your catering order